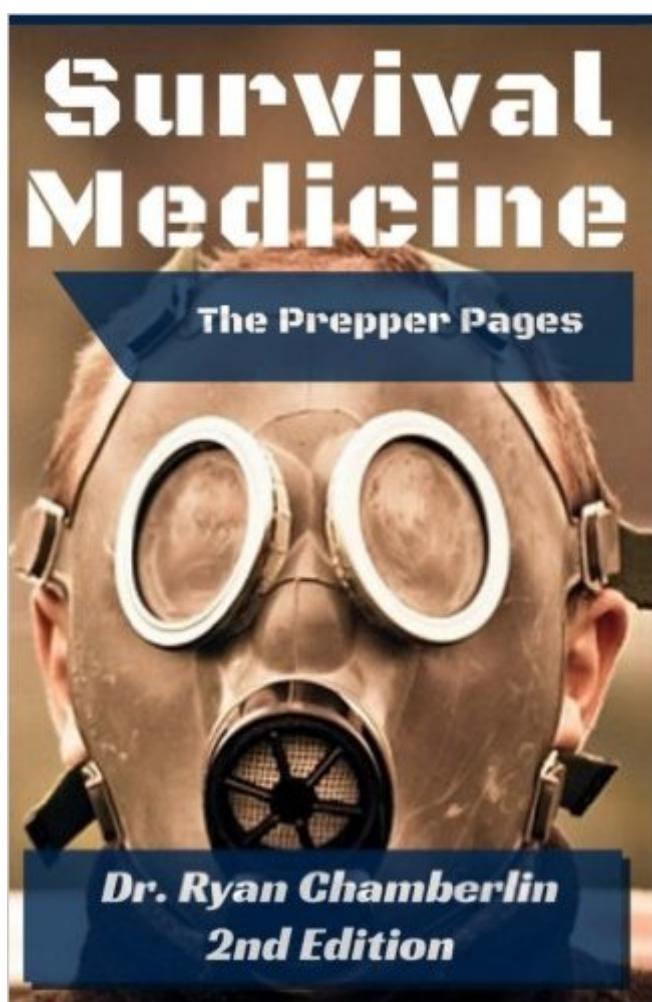


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# The Prepper Pages: A Surgeon's Guide To Scavenging Items For A Medical Kit, And Putting Them To Use While Bugging Out (Volume 1)



## Synopsis

THE BEST SURVIVAL MEDICINE BOOK! In the two hours it takes to read our book, you'll learn more about survival medicine, and feel more comfortable handling emergencies, than ever before. Our guide is not about stabilizing injuries until help arrives. It's about learning to treat injuries and illnesses definitively. It's a confidence builder, and we guarantee it to be one of the most valuable resources in your prepper bookshelf! Welcome to the 2nd Edition of The Prepper Pages! In this edition we've added image and video links for quick and easy reference. Written by a Trauma Surgeon and contributing physicians, doctors of ThePrepperPages.com are obsessed with teaching you easy, effective treatments for medical conditions preppers most worry about. Conditions we're all likely to face when the world and everything in it goes sideways. Our guide is not about stabilizing injuries until help arrives. Our guide is about treating injuries and illnesses definitively - knowing help will never arrive!"Literally the best prepper medical guide I have found yet! Well done! No nonsense and no beating around the bush. I feel as if I have learned something." - Steven Trumbo (Emmaus, PA) What Will this Book Teach Me? Whether you're buying items to build a comprehensive medical kit, or have found yourself in a disaster without one, this book will teach you exactly what to do. In fact, it will teach you medical and surgical skills you won't find in any other book. "Full of truly useful information on where to get and, even better, how to use items in your emergency medical kit. This is one book that is definitely a must have!" - Shar

## Book Information

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## Customer Reviews

Realistic, practical, and easy to read. Chamberlin approaches a difficult subject with solid advice and a subtle sense of humor. Born of his experiences following Hurricane Katrina, the book trains you what to look for and what to do when medical help is not available and not likely to be available anytime soon, if ever. Scavenging tools and supplies beyond the obvious can help you and your loved ones survive. He includes what to put in your medical bag, but addresses your options when you are in a bad situation and your bug-out bag is not available. Detailed and illustrated medical techniques for treating injuries and illnesses likely to be encountered in a SHTF scenario. So impressive that I plan to buy a print version to have on hand.

Dr. Ryan Chamberlin, a retired Surgeon with medical experience, has written a book to prepare for future disasters by scavenging general items that may be used for a medical supply kit. The book begins with some practical tips and supplies found in most homes that could be of great use: plastic zip-lock bags, trash bags, towels, bed linens, bars of soap, latex gloves. Then the book offers some impractical advice that was not suitable for the general public. He asks that you obtain a #15 and #11 blade for your scalpel, these may be used for cutting away dead skin before suturing and also for draining abscesses. Also required for the medical kit: disposable equipment like sutures, needles, syringes, forceps, gauze dressings, oral antibiotics, catheters. A good drug handbook will come in handy to look up the necessary medications and side effects. He offers that you obtain a 10 ml syringe with saline (salt water) and attach an 18 gauge catheter to it, this is used to irrigate the wound and clean it before dressing it. Here is another tip, insert an intravenous catheter (I.V.) to rehydrate a person. "Many have learned to do this from watching YouTube videos..." This is not sound advice and could do more harm than good in saving others. Finally, Dr. Chamberlin makes a statement I just don't agree with: "If you're going to learn medical skills for the field, I would recommend suturing, I.V. insertion, and CPR in that order...I'm sure that the American Heart Association would strongly disagree, but their agenda is different from ours." Please explain to me the good use of a great irrigated wound with a perfect suture line, when a person has an obstructed airway or is in cardiac arrest? The priorities are wrong here the goal is to save a life not suture a wound. This book requires proper guidelines for use and is lacking good implementation. The book is not for everyone and is limited to those with medical experience and advance skills.

My husband and I, after many years of working on the dream, are finally at a point where we are going to move to acreage and live a more self-sustaining lifestyle that we have dreamt about ever

since we were first married â ¢ years pass as do the bumps within life and health issues. My husband went through a cancer crisis along with a stem cell transplant and now secondary health issues â ¢ living 30 minutes from the nearest health facility is a general concern. This book is a great resource for not only living on acreage and away from nearby medical help, but general good ideas despite living just 10 minutes from the nearest hospital. Dr. Chamberlin offers sound solid advice while providing a touch of humor â ¢ clear and concise are my first two requirements within a book and this book delivers along with knowledgeable advice. It is a must read for anyone really â ¢ being prepared for the unexpected can mean the difference between panic and calm â ¢ life and death.

This book is full of good stuff you need to know if you are not a medical doctor in an end-of-the-world situation. I think it might even prove helpful to a fully qualified medical doctor too as in an EOTWS, many of the systems we take for granted will be gone and substitutes will have to do, such as fish line in lieu of regular stitching material. In my opinion, if you don't have this book you are not prepared.

If you are a Prepper this is a **MUST HAVE** book. And if you aren't a Prepper this is still a great book to have during family emergencies. It is chock full of useful lifesaving information on the treatment of various wounds and illnesses when going to a hospital is not an option.

There is a lot of really good info in this book. It's not flooded with the semi common knowledge of every other first aid book you've read. A definite buy and page turner. Even if you're just a hiker you really should read this. There are a couple of oddball fixes for ailments that pertain to extended hiking and woods loafing.

This one was free recently so I downloaded it and read it. The author claims to be a trauma surgeon. I don't have anyway to verify that, but given the quality of the advice and the solid thinking presented in the book, I have no reason to doubt him. The book talks about some of the more likely problems one might run into in a bad situation where real medical treatment is not available, and presents some ideas on how one might deal with such situations. It does not waste a lot of time on trying to go over things that are not going to be helpful in such a situation. It has a fair number of illustrations, but they are not as helpful as one might hope, given the poor way the Kindle and Kindle apps deal with images. I only noticed a few typos here and there. The author gives some very good advice about not advertising whatever medical skills or equipment you might possess.

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